



PHILIPS

RéAura

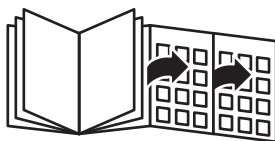
Laser skin rejuvenation

Breakthrough
anti-ageing
technology.
Visible results.

Developed with the makers
of Fraxel® laser technology



User
manual



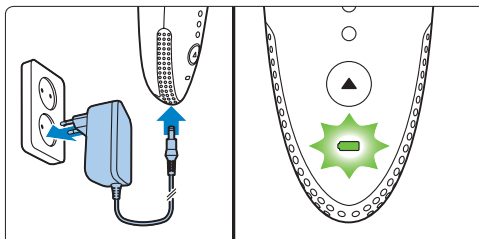


Overview of a RéAura treatment

1 Prepare

- 1 Before you start using Philips RéAura, read the user manual carefully, watch the enclosed instructional DVD and set your objectives on www.philips.co.uk/myreaura. If you have any questions, you can contact the Philips skincare expert team.

- 2 Charge your device.



- 3 Cleanse your skin with a mild cleanser.

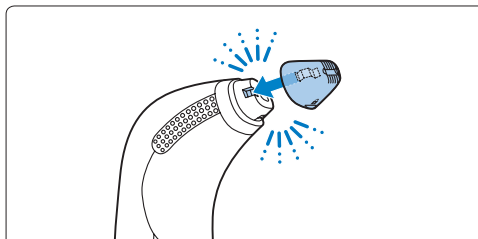


- 4 Apply not more than a pea-sized dollop of laser performance gel to each zone.

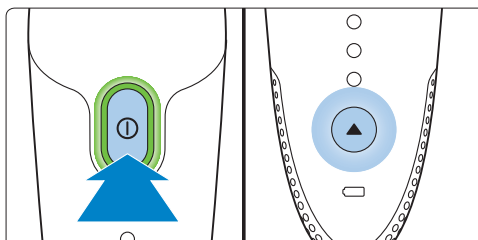


2 Set up your device

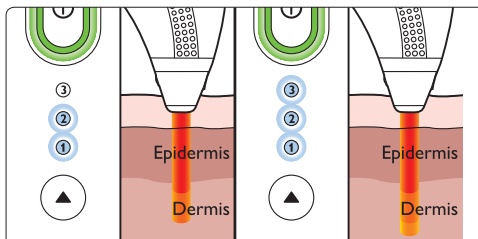
- 1 Click the application tip onto the device.



- 2 Switch on the device. The status indicator and the intensity selection button light up.



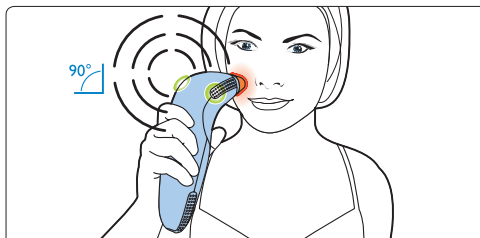
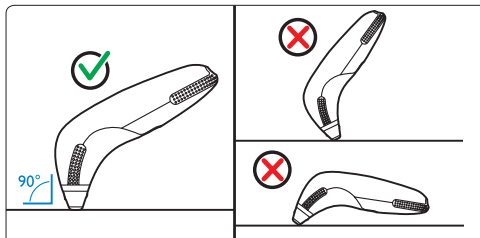
- 3 Select intensity setting 2 or 3 for an effective treatment.



Overview of a RéAura treatment

3 Treat

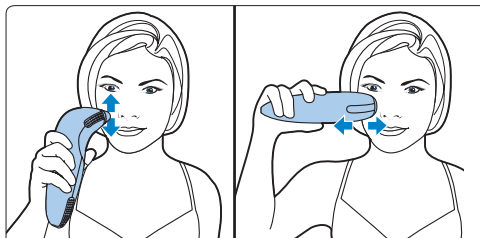
- 1 Place the application tip on your skin at a 90-degree angle. Make sure there is full skin contact.



Note:

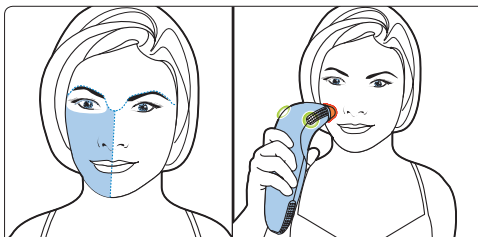
When there is good skin contact, the application tip lights up red. When you move the device at the right speed, the treatment lights turn green, the laser hums and you feel the laser on your skin.

- 2 Move the device over your skin in long vertical and horizontal strokes.



- 3 Treat one cheek zone until you hear the 'zone-completed' sound. Always continue treatment of one zone until you hear the

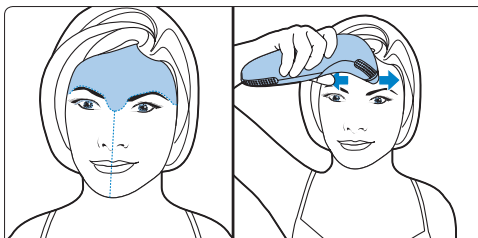
'zone-completed' sound. If you don't, the treatment will not be effective.



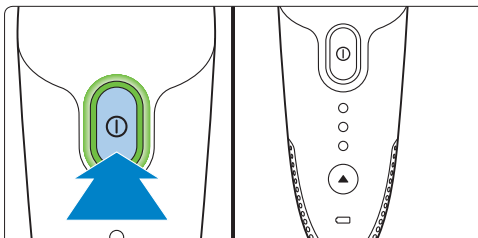
- 4 Treat the other cheek zone until you hear the 'zone-completed' sound.



- 5 Treat the forehead by applying one dose until you hear the 'zone-completed' sound.



- 6 Switch off the device.



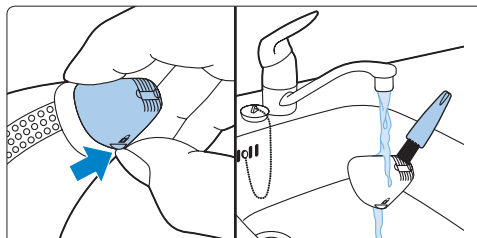
Overview of a RéAura treatment

4 Take care of your skin

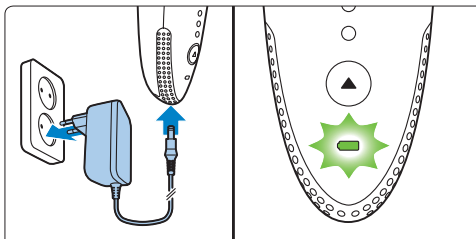
- 1 Remove the gel with cold water or a mild cleanser:



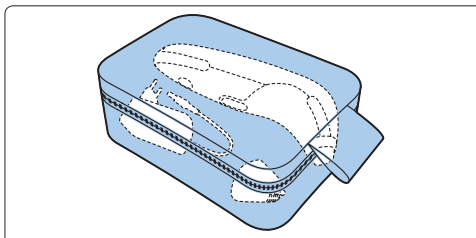
- 2 Apply laser aftercare complex to hydrate your skin.



- 2 Charge your device for next use.



- 3 Store your device safely in its pouch.



5 Clean and store your device

- 1 Detach and rinse the application tip under a running tap. Clean it with the brush. Clean the device with the cleaning cloth. Clean the laser output window with a wet cotton bud and wipe it dry with the cloth.

- 4 Make a diary entry in your online treatment guide on www.philips.co.uk/myreaura.



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1 Important safety information

Before you start using Philips RéAura, read this user manual carefully, watch the enclosed instructional DVD and set your objectives on www.philips.co.uk/myreaura. If you have any questions, you can contact the Philips skincare expert team.

1.1 Safety features

1.1.1 Child lock

The device does not work without the application tip to prevent unintended use by children. Store the application tip separate from the device in the pouch and keep the pouch in a safe place out of the reach of children.

1.1.2 Eye protection

To protect the eyes, the device only emits laser pulses if the application tip is fully in contact with the skin and the device is moved over the skin.

1.1.3 Overtreatment protection

If the device detects that more than the recommended maximum number of doses have been applied within 24 hours, the status indicator flashes orange for 30 seconds and the device switches off automatically. The device remains locked for 24 hours to prevent further use.

1.1.4 Thermal protection

If the built-in temperature sensor measures a too high or too low temperature inside the device, it switches the laser off. The status indicator lights up red continuously. The fan inside the device continues to work to help cool down the device when it is too hot. When the status indicator lights up green, the device is ready for use again. If the device does not cool down enough within 5 minutes, it switches off completely.

1.2 Important

1.2.1 Danger

- Water and electricity are a dangerous combination! Do not charge this device in wet surroundings (e.g. near a filled bath, a running shower or near a filled swimming pool).
- Keep the device and the adapter dry.



- Never rinse the device under the tap. The device is neither waterproof nor water-resistant.

1.2.2 Warning

- This device, laser performance gel and laser aftercare complex are not intended for use by persons younger than 18 and persons with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the device by a person responsible for their safety.
- Children should be supervised to ensure that they do not play with the device.
- Always remove the application tip from the device immediately after use, clean and store it in its appropriate place in the pouch. Please make sure to store the pouch with the device out of the reach of children in a dry and dust-free environment.
- Only use the adapter supplied to charge the device.
- Never cover the device and the adapter during charging.
- Never cover or block the ventilation openings of the device.

- Do not use the device or the adapter if it is damaged. If the adapter is damaged, always have it replaced with one of the original type in order to avoid a hazard.
- The adapter contains a transformer. Do not cut off the adapter to replace it with another plug, as this causes a hazardous situation.
- Do not use the device if the laser output window or the application tip is broken, cracked, scratched, damaged or dirty. Always inspect the application tip before use.
- Only use and store the device in a dry room at a temperature between +10°C and +40°C.
- Do not use the device near flammable or explosive substances or materials.
- Always make sure the high-percentage alcohol used for disinfecting has fully evaporated before you switch on the device.
- Check if the voltage indicated on the adapter corresponds to the local mains voltage before you plug in the adapter.
- The laser performance gel and the laser aftercare complex are for external use only.

1.2.3 Caution

- This device is only intended for reducing signs of ageing on the face, neck, chest, hands and forearms. Do not use it on other areas of your body.
- If the device is used for commercial or professional purposes, if it is used on other body parts than those for which it is explicitly intended or if it is used by persons explicitly excluded from use, the guarantee becomes invalid and Philips refuses any liability for damage caused.
- If the device is damaged, stop using it. Contact the Philips skincare expert team or take the device to an authorised Philips service centre for examination and repair.
- Detach the application tip before you clean it under the tap.
- Always make sure the application tip is dry before you reattach it to the device.
- Always store the application tip separate from the device (see 'Safety features').
- Make sure the top of the device and the area near the grooves below and above the laser output window are clean. The application tip cannot be attached properly if this surface and the grooves are dirty. Clean with a damp cloth, if necessary.

1.3 Contraindications and other warnings

1.3.1 Do not use

- If you have skin infections, open wounds, rashes, burns, sunburn, inflammation or active acne breakouts in the areas to be treated.
- If your skin shows an allergic reaction to ingredients in the laser performance gel or the laser aftercare complex.

1.3.2 Take care before use

- If you have a significant skin condition, consult your doctor before you start using the device.
- If your skin is sensitive to light and easily develops a rash or an allergic reaction, consult your doctor before you use the device.
- Do not use the device if you are taking medication that requires you to avoid sunlight or that makes your skin susceptible to damage by light, or that can cause an allergic reaction from sensitivity to light. Check the package insert of your medication or ask your doctor or pharmacist if the medication makes your skin 'photosensitive'. Also check if you take medication that may affect your skin, such as one that contains steroids. Wait until you have finished using the medication before you start using the device.
- If your skin is still recovering from a cosmetic procedure, such as chemical or mechanical peeling, laser resurfacing, Botox® injections or treatment with dermal fillers in the past two weeks. Wait until your skin has recovered before you use the device.
- If your skin is still red or swollen from a previous treatment with the laser skin rejuvenation device. Wait until the redness and swelling have disappeared before treating the area again.

- If you have recently tanned, see section 'Stay out of the sun' below.

Note:

If you have any questions or need advice, contact the Philips skincare expert team.

1.3.3 Where not to use the device

- Within the bony rim around the eye.
- In areas other than face, neck, chest, hands or forearms.
- On nipples, areolas, labia minora, vagina and anus.
- Inside ears, nose or mouth or on lips.
- Over or near implants or on or near piercings or jewelry or other metals attached to the body.

1.4 Stay out of the sun

Sun exposure before and after treatment can increase the risk of unwanted pigmentation and sunburn. Avoid significant sun exposure (e.g. sunburns or suntanning) and artificial tanning for at least 2 weeks before, during and 2 weeks after treatment. When you go outside during this period apply a sun protection factor (SPF) of 30 or above on the treated areas. Also use SPF 30 when you go sunbathing or artificial tanning for at least 3 months after your last treatment.

1.5 Consult your doctor

Do not use the device if you experience any adverse reactions not described in chapter 'How your skin responds to the treatments', section 'Skin reactions and side effects'. Consult your doctor if:

- any reaction persists longer than 3 days
- you feel extreme skin sensitivity
- you have any skin lesions in the treatment area that bleed, do not heal or have recently changed in size, texture or colour
- you are not sure the device is safe for you based on the information above
- you have any other medical or skin condition that concerns you before or after treatment

Stop using the device and contact your doctor if the device, the laser performance gel or the laser aftercare complex cause irritation.

1.6 Class 1M laser

- This Class 1M laser device emits invisible laser radiation. Do not view directly with optical instruments, such as microscopes and telescopes.



Note:

This device is safe to eyes and skin if used normally and in accordance with the instructions in this user manual.

1.7 Electromagnetic fields (EMF)

This Philips device complies with all standards regarding electromagnetic fields (EMF). If handled properly and according to the instructions in this user manual, the device is safe to use based on scientific evidence available today.

2 What is Philips RéAura laser skin rejuvenation?

2.1 Introduction

Congratulations on your purchase and welcome to Philips RéAura laser skin rejuvenation! With Philips RéAura you can now bring back your skin's natural radiance. Philips RéAura evens skin tone, smooths skin texture and reduces fine lines on your face, neck, chest, hands and forearms.

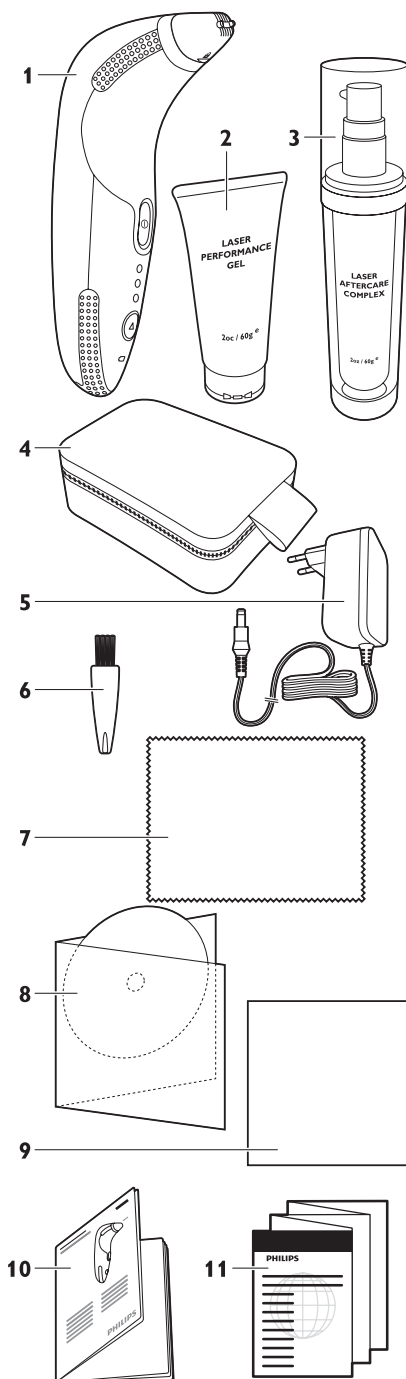
With this breakthrough anti-ageing programme, Philips makes advanced laser technology from Fraxel®, the leading professional cosmetic laser company, available for home use.

Philips RéAura consists of an effective, safe handheld laser skin rejuvenation device, a laser performance gel for optimal skin contact and smooth gliding of the device during treatment and a laser aftercare complex with ultra-hydrating and calming ingredients to hydrate your skin during the process of cell renewal.

Furthermore, as a RéAura user you have exclusive access to the MyRéAura online treatment guide and the Philips skincare expert team. In this user manual you will read all about how the elements of Philips RéAura seamlessly work together to help you achieve radiant skin.

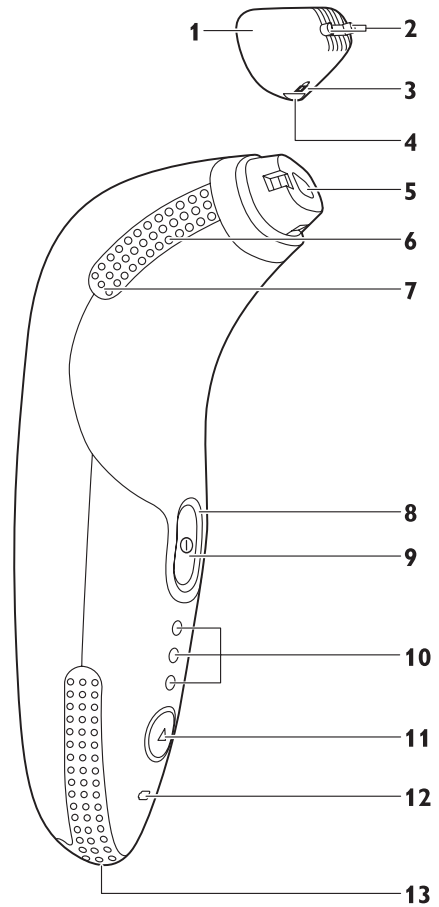
2.2 What is in the box?

- 1 Laser skin rejuvenation device
- 2 Laser performance gel
- 3 Laser aftercare complex
- 4 Pouch
- 5 Adapter with cord
- 6 Cleaning brush
- 7 Cleaning cloth
- 8 Welcome booklet with instructional DVD
- 9 Welcome card
- 10 User manual
- 11 Guarantee leaflet



2.3 Laser skin rejuvenation device

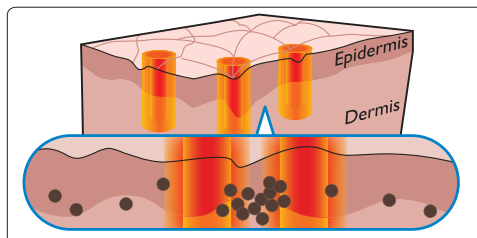
- 1 Application tip
- 2 Contact pins
- 3 Child lock symbol
- 4 Finger recess
- 5 Laser output window
- 6 Ventilation openings
- 7 Treatment lights
- 8 Status indicator
- 9 On/off button
- 10 Intensity lights
- 11 Intensity selection button
- 12 Battery indicator
- 13 Socket for small plug



3 What results can you expect?

3.1 How the laser works on the skin

- Our skin is made up of different layers. The epidermis is the outer protective layer. Beneath this there is a deeper layer called the dermis, which contains a network of collagen fibres that give the skin its firmness and smoothness. The production of collagen decreases as you age, and existing collagen fibres can become damaged by sun exposure. This reduction in collagen means that your skin may start to lose some of its smoothness and fine lines and wrinkles begin to appear.
- During treatment, thousands of microscopic laser beams pass down into the epidermis and the dermis. This triggers a natural process of cell renewal. Old and damaged skin cells are replaced with new, fresh skin cells, containing more collagen. Repeated treatments boost the collagen network, making it denser. The result is a smoother skin texture and the reduction of fine lines.



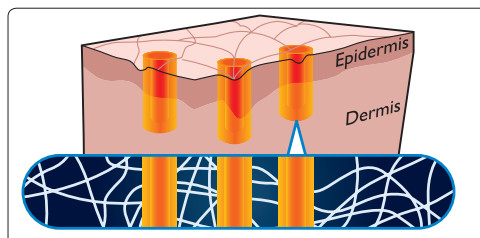
3.2 Results you can and cannot expect

If you use Philips RéAura laser skin rejuvenation according to the instructions, you can achieve significant results in reducing the signs of ageing. However, it is important to understand that results vary for different signs of ageing and between individual users. Remember that it takes time for your skin to rejuvenate. Results are not immediate and only become visible after some time. Improvements in pigmentation generally start to show after 3 to 4 weeks of consistent use twice a week. After 4 or 5 weeks, improvements in texture start to show and fine lines usually begin to fade. In the welcome booklet you find some before and after pictures that show results you can expect.

Although Philips RéAura laser skin rejuvenation helps you reduce some signs of ageing, it may not remove other signs. For example, deep lines and wrinkles, such as frown lines on the forehead, can improve but remain visible after using Philips RéAura.

3.3 Recording skin condition before getting started

Because the results of using Philips RéAura come gradually, it is important that you record your skin condition before you start your treatments. This will enable you to better see your results once you have completed your 8-week programme. You can record your starting skin condition as part of your RéAura skin assessment, which you will either receive in-store or can take at any time on www.philips.co.uk/myreaura.



- At the same time, pigmented skin cells are pushed out of the skin. This gives your skin a more even tone.

3.4 How to judge your results

Seeing results can be difficult when changes are gradual. By recording the skin condition before the first treatment, you know where you started. This will help you see the same changes that dermatologists see. Our skincare expert team has many years of skincare consulting experience. They are there to help you see all the changes in your skin over time, changes which you may find hard to see. Call them if you are unable to see changes or want confirmation of your results.

3.5 Be persistent

To get your best results with Philips RéAura, you need some persistence. Don't let skin reactions during or immediately after treatment put you off. The laser may cause some skin redness, a warm prickling and stinging feeling and perhaps some puffiness. These reactions are normal and show that the laser is working. These reactions diminish within 12 hours of your treatment. Make sure that you complete all treatments in the programme and that you apply one dose to each zone during each treatment. Always treat a zone until you hear the 'zone-completed' sound.

Note:

Some medications and health conditions may cause adverse reactions when you use Philips RéAura laser skin rejuvenation. Read section 'Contraindications and other warnings' in chapter 'Important safety information' before first use to make sure that Philips RéAura is safe for you to use.

4 Seven principles to achieve results

To achieve the best results with Philips RéAura, apply sufficient laser to your skin during your 8-week programme. Remember to always follow these seven principles:

- 1** Treat only one body area (e.g. the face) during your first 8 weeks.
- 2** Use setting 2 or 3.
- 3** Treat twice a week for 8 weeks without skipping treatments.
- 4** Apply one laser dose per zone per treatment.
- 5** Use the laser performance gel and the laser aftercare complex.
- 6** Get advice from the Philips skincare expert team.
- 7** Use the MyRéAura online treatment guide.

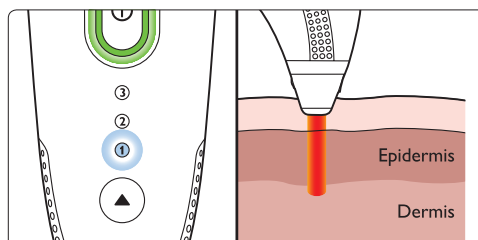
4.1 Treat only one body area (e.g. the face) during your first 8 weeks

For your own convenience, we advise you to limit your first 8-week programme to the facial area. This allows you to gain experience in using RéAura. This will bring the duration of the treatment sessions down before you include other areas in your treatment session.

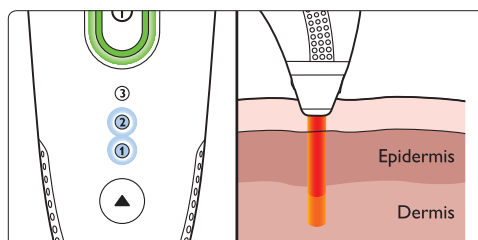
4.2 Use setting 2 or 3

The device has three intensity settings. The higher the setting, the deeper the laser goes into the skin, the better results will be. A higher setting also comes with higher discomfort (heat sensation and redness). Setting 1 is only intended for practising and should only be used the very first time. Using setting 1 will not deliver results. To achieve results use setting 2 (medium treatment setting) and preferably setting 3 (high treatment setting).

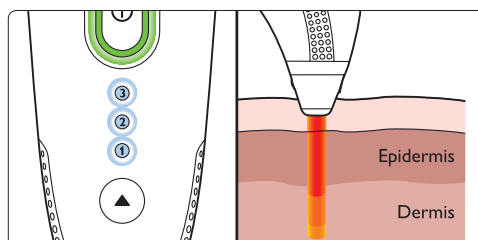
• Setting 1



• Setting 2



• Setting 3

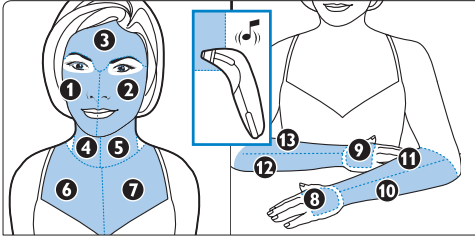


4.3 Treat twice a week for 8 weeks without skipping treatments

Clinical studies show that you get the best results if you use Philips RéAura twice a week for 8 weeks. Stick to this regimen and don't skip a treatment. You can use Philips RéAura at any time you like, provided there are at least 48 hours between treatments and you do not treat more often than twice a week. After the initial 8-week programme, you can continue treatment as necessary to maintain results. You can also take a break and start a new series of treatments whenever it suits you.

4.4 Apply one laser dose per zone per treatment

- Philips RéAura works on the principle of delivering exactly the right amount of laser energy (called a dose) to a certain zone of your body. Philips has defined specific treatment areas for this device: the face, neck, chest, hands and forearms. Each area is divided into zones.



- To ensure optimal benefit from each session, each treatment zone must be treated with a full dose of laser. Philips RéAura indicates that a full dose has been applied by producing a short 'zone-completed' sound. Always treat a zone until you hear this sound before you move the device to the next zone. See section 'How to apply one laser dose per treatment zone' in chapter 'Using Philips RéAura' for more information on the laser dosage system.
- It is important that you treat the entire zone evenly and that you do not focus on just the problem areas, such as fine lines around the eyes and mouth or sun spots.

4.5 Use the laser performance gel and laser aftercare complex

4.5.1 Laser performance gel

The laser performance gel provides optimal skin contact between the application tip and your skin and ensures that the laser skin rejuvenation device glides smoothly over the skin. The laser performance gel was specially developed by the makers of Fraxel® laser technology for use with RéAura. Always use the gel when treating your skin with the Philips RéAura device. Without the gel, the skin may be treated unevenly and the treatment may be more uncomfortable.

4.5.2 Laser aftercare complex

The laser aftercare complex gives the skin the hydration it needs during the cell renewal process. It contains calming chamomile, as well as Saint John's wort and edelweiss extract known for their anti-inflammatory properties. Always use the laser aftercare complex immediately after treating your skin with the RéAura device. Reapply laser aftercare complex within one hour after treatment and on the days in between laser treatments to hydrate as needed.

4.6 Get advice from the Philips skincare expert team

If you need information or have a question, you can also get in touch with the Philips skincare expert team. The team consists of beauty advisors who have years of experience in advising on skincare products and salon treatments. The skincare expert team is ready to give you personal advice and to ensure you get the most out of your treatments.

You can easily contact the Philips skincare expert team by Freephone, email or chat using the contact details or links on MyRéAura.

- Open: Monday - Friday, 8 a.m - 8 p.m.; Saturday, 9 a.m. - 6 p.m.
- Telephone: 0800 331 6015 (free)
- Log on to your personal online treatment guide at www.philips.co.uk/myreaura

If you have skin reactions that last longer than three days or medical concerns, contact your doctor. Inform the Philips skincare expert team about the outcome.

4.7 Use the MyRéAura online treatment guide

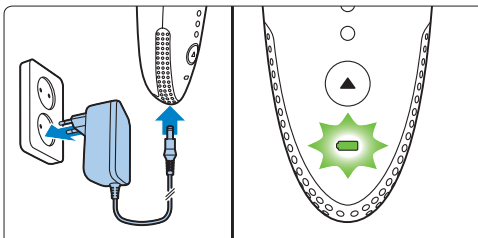
To help you realise your treatment goals as set during your skin assessment, you have access to your personal online treatment guide on www.philips.co.uk/myreaura. Here you can become an expert in using the device, plan your treatments, see the experiences of other users and share your own. If your treatment goals were not set when you purchased your Philips RéAura laser skin rejuvenation, don't worry. You can quickly and easily set your treatment goals online yourself or with assistance from the Philips skincare expert team.

5 Using Philips RéAura

5.1 A full-face RéAura treatment in detail

5.1.1 Prepare

- 1 Before you start using Philips RéAura, read the user manual carefully, watch the enclosed instructional DVD and set your objectives on www.philips.co.uk/myreaura. If you have any questions, you can contact the Philips skincare expert team.
- 2 Charge your device until the battery indicator stops flashing and lights up green continuously.



- When you charge the battery for the first time or after a long period of disuse, let it charge until fully charged. This takes 3 hours. Normal charging takes 1 hour.

Note:

You cannot use the device during charging.

- 3 Remove your makeup with a mild, non-aggressive cleanser:



- 4 Apply not more than a pea-sized dollop of laser performance gel to each zone for optimal skin contact and smooth gliding.



- To treat your face, you need 3 dollops of gel, one for each of the 3 zones.

Note:

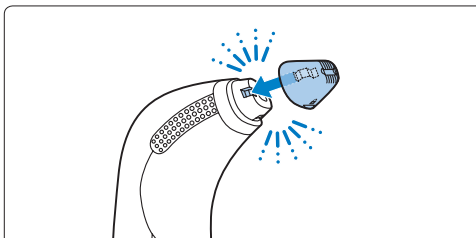
Make sure you do not apply too much laser performance gel to your skin, as this may clog up the application tip. When gel gets into your eyes, you feel a burning pain. Flush your eyes with plenty of warm water. The pain soon wears off after flushing.

Caution:

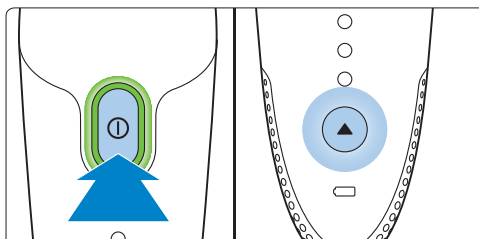
Do not use the device without the gel. If you treat yourself without the gel, the skin will not be treated evenly and the results will be uneven.

5.1.2 Set up your device

- 1 Click the application tip onto the device.



- 2** Press the on/off button to switch on the device.



- The status indicator lights up green continuously.
- The intensity selection button lights up white.

Note:

The device does not work without the application tip. If the application tip is not attached, the status indicator lights up orange continuously.

- 3** Press the intensity selection button to select the intensity setting. The intensity lights light up one after the other.

- Try intensity setting 2 and 3 to establish which feels most comfortable on a particular zone. If setting 2 causes too much discomfort, go back to setting 1. Try to increase the intensity again as soon as possible, for setting 1 is only meant for practising and does not deliver effectiveness. To get the best results, you should use the highest intensity setting. If setting 1 continues to be painful, contact the Philips skincare expert team.

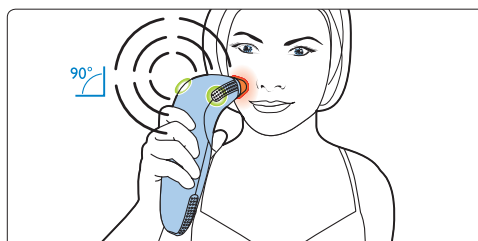


Note:

The red light is not the laser, but only a light that indicates that you have good skin contact.

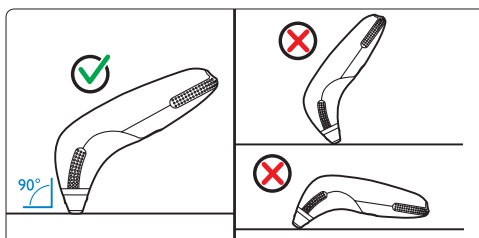
- On areas on which full skin contact is harder to achieve, such as the bony part of the forehead, try different ways of holding the device and try vertical and horizontal movements to find the best way to establish proper skin contact and the right speed.

- 2** When you move the device over your skin, the laser treats the skin. The treatment lights turn green, you hear the laser hum and feel the laser on your skin.



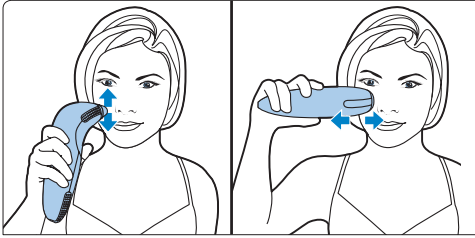
5.1.3 Treat

- 1** Place the application tip onto your skin at a 90-degree angle. Make sure there is full skin contact. The application tip will light up red when the contact pins are in good contact with your skin.

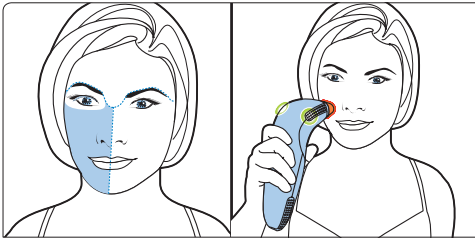


- Do not move the device sideways. Move it in long horizontal or vertical strokes over your skin.
- Always make sure to position your next stroke as close as possible to your previous one.

- Once you have moved across the zone in one direction, start again but move in another direction. If you moved in a horizontal direction, now move across the zone in a vertical direction. Continue to move the device in vertical and horizontal strokes until you hear the 'zone-completed' sound.



- 3** Treat one cheek zone by applying one complete dose until you hear the 'zone-completed' sound.



- Stand in front of a mirror so that you can see the light signals the device gives.
- Check constantly to see if the green treatment lights and the red application tip light show and if you hear a humming sound to make sure the device is applying a dose.

Note:

Always continue treatment until you hear the 'zone-completed' sound. If you don't, the treatment will not be effective.

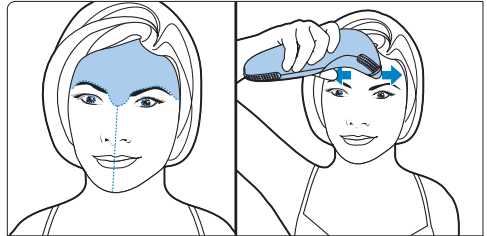
Note:

Spread the laser dose evenly over the entire zone. Do not focus on just the problem areas.

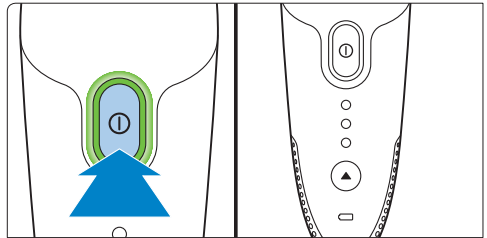
- 4** Treat the other cheek zone by applying one dose until you hear the 'zone-completed' sound.



- 5** Treat the forehead by applying one dose until you hear the 'zone-completed' sound.



- 6** Press the on/off button to switch off the device.



5.1.4 Take care of your skin

- 1 Remove the gel from your face with a cotton pad or a cleansing towelette. Wash the residue off your skin with cold water or use a mild cleaning gel, foam or lotion. Pat your skin dry.



Note:

Do not use aggressive alcohol-based cleansers or peeling creams or foams. Take care not to wipe any gel into your eyes.

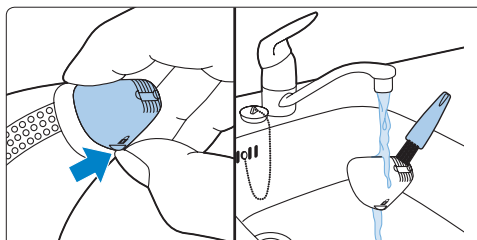
- 2 Apply the laser aftercare complex to hydrate your skin during the process of skin renewal. You can reapply laser aftercare complex within one hour after treatment and on the days in between laser treatments.



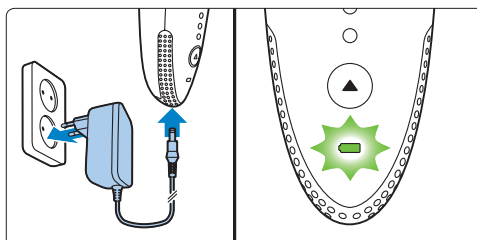
- If you want to buy more laser performance gel and laser aftercare complex, please refer to the store locator on www.philips.co.uk/reaura or ask the Philips skincare expert team.

5.1.5 Clean and store the device

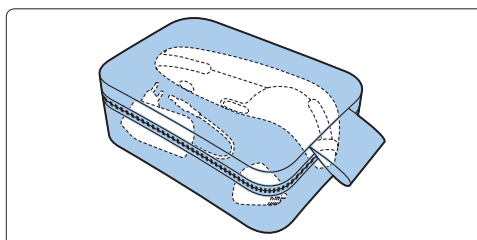
- 1 Detach and rinse the application tip under a running tap. Clean it with the brush and dry it. Clean the device with the cleaning cloth. Clean the laser output window with a wet cotton bud and wipe it dry with the cloth.



- 2 Charge your device until the battery indicator stops flashing and lights up green continuously.



- 3 Store the device and the application tip in the pouch and keep the pouch out of the reach of children.



Note:

Make sure the device and the application tip are clean and dry when you store them.

- 4 Make a diary entry in your online treatment guide on www.philips.co.uk/myreaura.



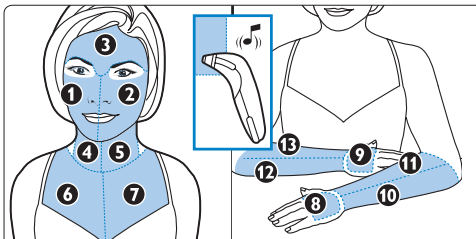
5.2 How to apply one laser dose per treatment zone

5.2.1 Laser dosage system

The Philips RéAura skin rejuvenation device does not work on the basis of treatment time. Its working principle is delivering exactly the right amount of laser energy or dose to a predetermined treatment area. Each treatment area - face, neck, chest, hands, or forearms - is divided into zones. Each zone is treated with a preset amount of laser energy or dose. If you apply one dose to each zone, your skin receives exactly the amount of laser energy it requires to achieve results. Moving the device faster does not mean that you are finished sooner. You have to be accurate and move the device in the correct way.

5.2.2 Treatment zones

The device can be used on the face, neck, chest, hands and forearms. The face is divided into left cheek, right cheek and forehead. The cheek zones include the chin, the area between lips and nose and the area between eyes and ears. The forehead includes the area between the eyes.



5.2.3 Treat a zone until you hear 'zone-completed' sound

When the right dose has been applied, the laser dosage system produces a short sound to indicate that you have reached the end of the dose. Then the device goes into standby mode for about 4 seconds to allow you to move it to the next zone. As an indication, it takes up to 10 minutes to treat one zone (so up to 30 minutes for a full face treatment). Treatment times are likely to go down

after a few treatments to approximately 6 minutes per zone. These times are just indications. Don't base the duration of treating a zone on these indications, but continue to treat until you hear the 'zone-completed' sound.

! Caution:

If you select another intensity setting, if you detach the application tip or if you switch the device off before the complete dose has been applied, the laser dosage system resets and the next dose applied to the skin will be a complete one.

5.2.4 Treatment of the face

- Apply laser performance gel up to the edge of the forehead and cheek bones around your eyes so that you can see the boundary of the treatment area. Prevent gel from getting into your eyes.
- Apply one full dose to each zone. To make it easy for yourself, start with the cheek on the side of your dominant hand. Then apply a dose to the other cheek. Finally, apply a dose to your forehead.

⊞ Note:

It may be difficult to move the device across your forehead while maintaining proper skin contact. You can also hold the device still and move your head instead to make the required strokes across your forehead.

! Caution:

Do not use the device on the lips, the eyelids and on the soft area below the eye. Only treat the area around the eye where you can feel bone underneath the skin.

5.2.5 Treatment of the other body parts

- **Neck and chest:** Pull the skin taut with your free hand for better results.
- **Hands:** Make a fist to ensure good skin contact. You can also treat your fingers. However, good skin contact is harder to achieve because of the small surface area.
- **Arms:** support your forearm on a table. Treat the area between elbow and wrist. If you are taller, you have longer forearms. Because the surface to be treated is larger, you may need more than two doses to treat the whole treatment area.

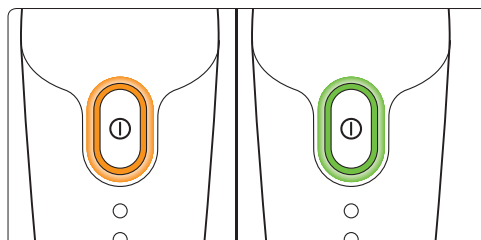
Note:

Do not treat the inside of your forearm, as the skin on this area is very sensitive. Only treat the outside.

5.3 Overview of light and sound signals

5.3.1 Status indicator

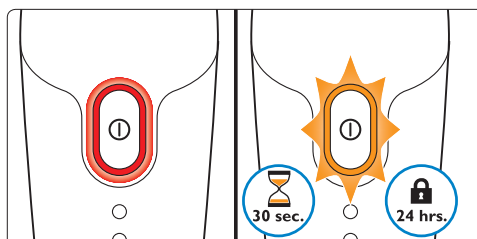
- Continuous orange: application tip is not or not properly attached.
- Continuous green: application tip is attached properly.



- Continuous red: the temperature of the device is too high or too low. If the device overheats, the fan inside continues to work to help cool down the device. When the status indicator lights up green again, the device has cooled down and you can use it again. Only use the device in a dry room at a temperature between +10°C and +40°C.
- Flashing red and error sound: the device is in error mode and switches itself off automatically. Switch on the device again

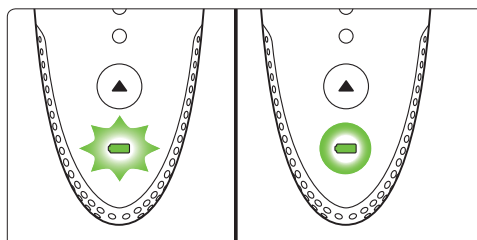
by pressing the on/off button. If the status indicator lights up green again, you can continue your treatment. If the status indicator continues to flash red, call the Philips skincare expert team for free at 0800 331 6015.

- Flashing orange for 30 seconds: the overtreatment protection has been activated. The device is locked for 24 hours. You overtreating when you apply more than the recommended number of doses to your skin within 24 hours.

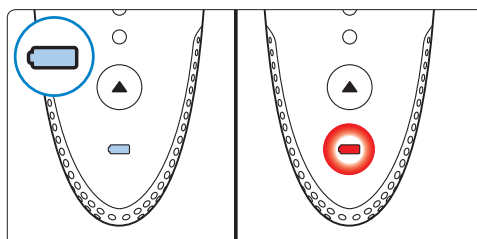


5.3.2 Battery indicator

- Flashing green: battery is charging.
- Continuous green: battery is fully charged.

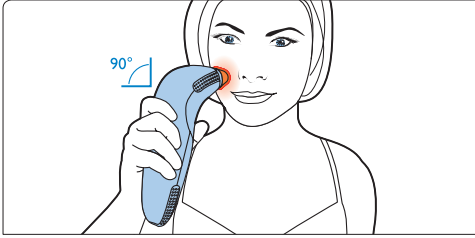


- Battery indicator off during use: battery contains more energy than needed for two doses.
- Continuous red: battery contains less energy than needed for two doses.



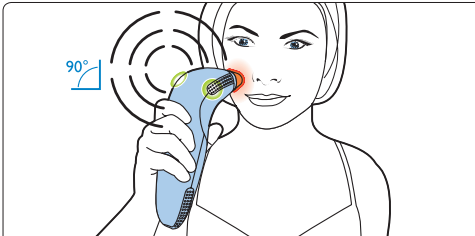
5.3.3 Red skin contact light

- If the application tip does not light up red, it is not in full contact with the skin. Place the application tip on the skin so that the contact pins are in full contact with the skin. You can apply a bit more laser performance gel to improve skin contact.



5.3.4 Treatment lights and humming sound

- Continuous green light and humming sound: laser energy is being applied continuously. This means you have good skin contact, the device is at the right angle and you move it at the right speed.



- Flickering green light and humming sound: the laser is interrupted. Make sure the application tip has full skin contact, is at the right angle and is being moved at the right speed.

5.3.5 'Zone-completed' sound

- The device produces a sound when the right laser dose has been applied to a zone. After the sound, the device goes into standby for 4 seconds and you can move it to another zone.

Note:

Always continue treatment until you hear the 'zone-completed' sound. Not doing so will lead to uneven treatments and suboptimal results.

6 How your skin responds to the treatments

6.1 Sun protection

Sun exposure can cause unwanted pigmentation, especially in between treatments, when your skin is more vulnerable to UV light. To help protect your skin and to promote the cell renewal process:

- Avoid significant sun exposure (e.g. sunburns or suntanning) and artificial tanning for at least 2 weeks before, during and 2 weeks after treatment. When you go outside during this period apply a sun protection factor (SPF) of 30 or above on the treated areas.
- Also use SPF 30 when you go sunbathing or artificial tanning for at least 3 months after your last treatment.

Note:

To make sure the sunscreen or skincare product is properly absorbed by the skin, apply it at least 20 minutes before exposing your skin to UV light. Reapply the sunscreen or skincare product every two hours, especially outdoors, as it may rub off the skin in the course of the day.

Note:

Remember that proper sun protection helps you maintain your skin rejuvenation results, even after the treatment period.

6.2 Skin reactions and side effects

6.2.1 Sensations perceived during treatment

You may experience a prickly or stinging sensation when the laser treats your skin. Your skin may also become warm and you can also experience some pain. The discomfort decreases as your skin grows accustomed to the treatment. The discomfort you experience may depend on:

- **Intensity used**
There is less discomfort at lower intensity, but the efficacy of the treatment is also lower. Setting 1 is only meant to be used for practising. You only achieve good results at settings 2 and 3.
- **Treatment area**
The sensitivity of the treatment areas varies. The face, for example, is more sensitive than the hands. Even zones within a treatment area may differ in sensitivity. For instance, the forehead is less sensitive than the upper lip area.
- **Level of accustomisation**
During initial treatments, normal skin reactions and sensations are more intense. This diminishes as your skin grows accustomed to the laser.
- **Duration of the treatment**
The more strokes you make with the device across the same area, the stronger the skin in this area will react.
- **Personal sensitivity**
Everyone's pain threshold is different. The level of discomfort experienced by one person may also differ depending on such factors as hormone levels, stress and illness.

Note:

Mild to moderate pain is normal. If you experience severe discomfort or pain, try using the device at a lower intensity. Give yourself some time to get accustomed to the device and the treatment sensation. If setting 1 continues to cause severe discomfort after a few treatments, stop using the device and call the Philips skincare expert team for free at 0800 331 6015.

6.2.2 Skin reactions immediately after treatment

What you experience during treatment - warm, prickly and stinging feeling - may continue for a few hours after the treatment and may even grow more intense before diminishing. The most common reactions immediately after the treatment are listed below:

- Your skin may be red and warm during and immediately after treatment. This is a natural reaction to the laser. This reaction may grow stronger if you move the device over the same area several times.
- Another reaction that is very common is slight swelling of the skin, usually in the form of slight puffiness on the cheek bones.
- In addition, your skin may be more sensitive to touch and temperature changes.

These skin reactions are normal and indicate that the cellular renewal process has started. The severity and duration of the skin reactions depend on your skin type, your personal sensitivity and environmental conditions.

Any skin reactions usually disappear within 12 hours. Nevertheless, it is not uncommon for some discomfort to continue beyond 12 hours if your skin happens to be more sensitive. Monitor the reactions of your skin and record your experiences for future reference. If you experience unusual reactions or have questions, do not hesitate to contact the Philips skincare expert team.

Warning:

Do not start a new treatment if your skin is still red or swollen. This means that your skin has not yet recovered from the previous treatment. To prevent side effects, allow your skin more time to recover.

6.2.3 Skin reactions days or weeks after treatment

As result of the cell renewal in your skin you may experience the following:

- Dry and flaky skin
You may experience rougher and drier skin and some flaking for several days or weeks after treatment. The flakes that come off are dead skin cells. This is normal and decreases over time. To reduce the dryness, apply the laser aftercare complex liberally whenever needed.

- Sensitive skin
Your skin may become more sensitive to touch or temperature changes for a few days after treatment. This is also a normal sign of cell renewal. Continue to apply the laser aftercare complex, as it contains calming ingredients specifically formulated to neutralise these effects.
- Tiny dark spots
Tiny dark spots may appear on your skin for up to four weeks after treatment. These spots are pigmented skin cells that are being pushed out of the skin. They are usually barely visible to the naked eye. As your body's natural biological processes refresh your skin, these spots will disappear.

6.2.4 Possible side effects

Clinical studies have shown that Philips RéAura laser skin rejuvenation produces very few side effects. You can significantly reduce the risk of side effects by following the instructions in this user manual and applying proper sun protection (see section 'Sun protection').

Although the risk of side effects is small, possible side effects include inflammation, pigmentation changes (hyper-pigmentation), cold sores, reactivation of the herpes simplex virus, acne flare-up, eczema flare-up and allergic reactions to the laser performance gel or the laser aftercare complex. If any of these side effects occur, stop treatment and contact your doctor.

6.2.5 When to contact your doctor

Please contact your doctor and inform the Philips skincare expert team in the following cases:

- If you have doubts about the safety of the device based on information in the user manual.
- If you have a skin or other medical condition or take medicines which cause you to doubt whether it is safe for you to use the device.
- If you experience extreme discomfort during or immediately after treatment.
- If you experience other skin reactions than described above.
- If your skin reaction lasts longer than described above.
- If you experience bleeding, unhealed lesions or lesions that have recently changed in size, texture and/or colour.
- If you have skin irritation as a result of the laser performance gel or laser aftercare complex.

Note:

You can call the Philips skincare expert team for free at 0800 331 6015, Mondays to Fridays from 8 a.m. to 8 p.m. and Saturdays from 9 a.m. to 6 p.m. If you have medical concerns or questions about skin reactions that occur, please contact your doctor and inform the Philips skincare expert team about the outcome as soon as possible.

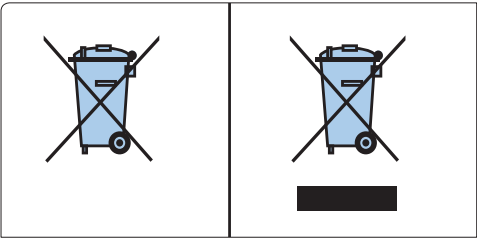
7 Replacement

If you want to buy more laser performance gel or laser aftercare complex, please refer to the store locator on www.philips.co.uk/reaura or ask the Philips skincare expert team. If necessary, you can also order new treatment tips or a new adaptor, pouch, cleaning cloth or cleaning brush online.

8 Environment

Philips is committed to bringing the most sustainable products to the market. Accordingly, Philips RéAura skin rejuvenation has been designed to provide you the best proposition in all key sustainability criteria, such as outstandingly low energy consumption or primary use of ecologically friendly materials. As appropriate disposal of the device at the end of its life is an integral part of our sustainability policy, we ask you to observe the following:

- Do not throw away the device with the normal household waste at the end of its life, but hand it in at an official collection point for recycling. By doing this, you help to preserve the environment.
- This device contains a built-in rechargeable battery that cannot be removed. This rechargeable battery contains substances that may pollute the environment. To ensure proper disposal, take the device to an official collection point or to a Philips service centre. Staff at the collection point or the Philips service centre will ensure the battery is removed and disposed of in an environmentally safe way.



9 Guarantee and service

If you need service or information or if you have a technical problem with your device, please visit the RéAura website at www.philips.co.uk/reaura or contact the Philips skincare expert team.

10 Technical specifications

10.0.1 Device

SC5000	
Rated voltage	100V-240V
Rated frequency	50Hz-60Hz
Rated input	16W
Protection rating	IP 30 (EN60529)
Battery	Lithium-ion, 3.7V, 1300 mAh

10.0.2 Laser

SC5000	
Laser class	1M
Laser type	Diode
Output wavelength	1435nm
Maximum output power	1.5W
Pulse output duration	<9 ms

 **Warning:**



Class 1M laser. Device gives off invisible laser radiation. Do not view treatment process directly with optical magnifying instruments.

11 Frequently asked questions

Question	Answer
What results can I expect?	Philips RéAura laser skin rejuvenation helps you achieve improvements with respect to specific signs of ageing. It does not completely remove all signs of ageing and the results vary from person to person.
Are the efficacy and safety of Philips RéAura laser skin rejuvenation clinically proven?	Yes, the safety and efficacy of Philips RéAura have been clinically proven. The results have been confirmed by a panel of independent dermatologists.
Are there photos of people before and after using Philips RéAura laser skin rejuvenation?	Yes, you can find these photos on www.philips.co.uk/myreaura . Please note that results vary from person to person.
Which skin reactions can I expect during and after treatment?	During treatment, you may feel the laser prickle on your skin, your skin may feel warm and you may experience some pain. The amount of discomfort depends on various factors. After treatment, your skin may be red and slightly swollen. For more details, see 'Skin reactions and side effects' in chapter 'How your skin responds to the treatments'. Contact the Philips skincare expert team if you have any concerns or questions.
Can I use the device safely?	If you are on medication or have health concerns, you must read section 'Contraindications and other warnings' in chapter 'Important safety information' before you use the device. We advise everyone to read this chapter before they use this device.
Can the laser harm my skin?	No. The laser dosage system ensures that only a safe amount of laser energy is applied to your skin. Follow the instructions in this user manual and you can use the laser skin rejuvenation device safely.
Can the laser harm my eyesight?	The laser skin rejuvenation device has an integrated safety system that prevents the laser beam from shining into your eyes when the device is used properly and according to the instructions. For details on the safety features, see section 'Safety features' in chapter 'Important safety information'. Do not use the device on the eyelids and on the soft area below the eye. Only treat the area around the eye where you can feel bone beneath the skin.

Question	Answer
Can this device cause skin cancer?	The device is a laser skincare device for home use. It has been developed with Fraxel®, the leading laser skincare specialists. Fraxel® laser technology is known as the golden standard in laser skin rejuvenation and has been used by professional dermatologists in the US for almost 10 years. It is a safe, non-invasive procedure, with more than half a million treatments performed to date. Your device uses a lower light intensity than used in professional salon treatments. By using it more regularly, you can achieve visible results. Clinical studies have shown the product and procedure are safe. Fraxel®'s track record does not show any long-term side effects. There are no indications that the device causes or contributes to skin cancer.
I recently had a collagen or Botox® injection. Can I use Philips RéAura laser skin rejuvenation?	No, we advise you not to use Philips RéAura laser skin rejuvenation if you had collagen or Botox® injections in the past 2 weeks.
Can I use Philips RéAura laser skin rejuvenation if I recently had a professional peeling/skin resurfacing?	No, do not use the Philips RéAura if you recently had a professional mechanical or chemical peeling or skin resurfacing. Allow your skin sufficient time to recover from these procedures before you start using Philips RéAura.
Can I use the device when I have the flu or a cold?	A common cold or influenza can make the treatment more painful. We therefore recommend that you wait until you have recovered before you resume treatment. You can use the device safely when you are ill.
Can I use the device safely on a tattoo?	We recommend that you do not treat tattoos. When treated with the device, tattoos may fade slightly. Do not use the device to fade or remove tattoos deliberately, as the device is not effective for this purpose.
What happens when I move the device over my eyebrows or hairline?	Nothing happens. The laser does not have any effect on your hair or on hair growth.
Is the device suitable for men?	Yes, men can also use Philips RéAura laser skin rejuvenation. We advise them to shave their face and neck before treatment.

Question	Answer
Where can I get support if I have questions?	You can get advice and answers from the Philips skincare expert team. You can reach them by phone for free at 0800 331 6015 or by email or chat at www.philips.co.uk/myreaura . Their opening hours are Monday to Friday, 8 a.m. - 8 p.m., and on Saturday, 9 a.m. - 6 p.m. For medical concerns and questions, please contact your doctor.
Does the device require maintenance and what is the guarantee?	The device needs to be cleaned regularly (see chapter 'Using Philips RéAura'). It comes with a two-year guarantee, provided you use the device according to the instructions in this user manual.
Can I use the device without applying the laser performance gel?	No, you need to apply the laser performance gel, which was specially developed for the laser technology used in this device. The gel ensures that your skin is treated evenly and that you achieve optimal results.
Where can I get more laser performance gel or laser aftercare complex?	Please refer to the store locator on www.philips.co.uk/reaura or ask the Philips skincare expert team.
Can I use another gel or cream instead of the laser performance gel?	No, other gels or creams could lead to increased pain, unwanted side effects and skin irritation. The laser performance gel was specially developed for the laser technology used in this device. The gel ensures that your skin is treated evenly and that you achieve optimal results. No guarantee is given if you use other creams or gels.
Can I use the device to help my day cream penetrate deeper into my skin?	No, the device is not intended for this purpose. Only use the laser performance gel with this device. The laser aftercare complex can be used after treatment to calm and moisturise the skin.
How often should I use the device after the 8-week programme?	You can continue to treat your skin as often as needed to maintain the results, as long as you don't treat more often than twice a week. Make sure there are at least 48 hours between treatments. Don't apply more than one dose per zone per treatment.

12 Troubleshooting

This chapter summarises the most common problems you could encounter with the device. If you are unable to solve the problem with the information below, contact the Philips skincare expert team for free at 0800 331 6015.

Problem	Possible cause	Solution
The device does not work.	The battery is empty.	Charge the device.
	The application tip is not attached properly.	The status indicator lights up orange continuously to indicate that the application tip is not attached properly. Follow the instructions in section 'A full-face RéAura treatment in detail' in chapter 'Using Philips RéAura' to attach the application tip properly.
	The application tip is clogged with laser performance gel.	You applied too much laser performance gel to your skin. You should not apply more than one pea-sized dollop to each zone. If the application tip gets clogged during use, detach the tip from the device to clean it. Please note that removal of the application tip resets the device. The next laser dose that is applied will be a full one. To prevent overtreatment, do not apply more than one dose to each zone.
		You have not cleaned the application tip properly. Remove the application tip and clean it properly according to the instructions in chapter 'Using Philips RéAura'.
	You exert too much pressure.	Exert only gentle pressure to ensure the contact pins are in full contact with the skin. If there is full skin contact, the application tip lights up red. If the device is moved at the right speed, the treatment lights light up green.
	The device was subjected to a major change in temperature, pressure or humidity.	Let the device acclimatise for up to three hours before you use it. The device can only be used at temperatures between +10°C and +40°C.
	The device is broken.	Contact the Philips skincare expert team.

Problem	Possible cause	Solution
The device suddenly switches off.	The battery is empty.	Charge the device.
	The device is too hot or too cold.	The status indicator lights up red continuously because the temperature inside the device is too high or too low. The fan inside the device continues to work to help cool down the device. When the status indicator lights up green continuously again, the device has cooled down and you can use it again. If the device is so hot that it cannot cool down sufficiently in a short time, it switches off completely after 5 minutes. Wait until the device has cooled down before you use it again. If the device is too cold, take it to a warmer room, wait for a while and then try to switch on the device again. When the status indicator lights up green continuously again, the device is warm enough and you can use it again.
	The device is in error mode.	Switch on the device by pressing the on/off button. If the status indicator lights up green again, you can continue your treatment. If the status indicator continues to flash, contact the Philips skincare expert team.
	The device has detected overtreatment and the overtreatment protection has been activated.	The status indicator flashes orange for 30 seconds and the device switches off automatically and remains locked for 24 hours when more than the recommended number of doses have been applied within 24 hours. You have to wait for 24 hours until the device unlocks. Follow the instructions on the number of doses for each treatment area.
The status indicator lights up red continuously when I switch on the device and I hear a fan.	The room in which you kept your device was too hot or too cold.	If the device is too hot, switch it off, take it to a colder room and wait for it to cool down. After 30 minutes try to switch the device on again. If the device is too cold, take it to a warmer room and wait for a while. If the temperature has risen to over +10°C, you can switch on the device again and the status indicator will light up green.
The status indicator flashes red when I switch on the device. I hear an error sound and then the device switches itself off.	The device is either too hot or too cold.	Wait for about 30 minutes to allow the device to cool down or heat up. Use the device at temperatures between +10°C and +40°C.

Problem	Possible cause	Solution
	The device is in error mode.	Switch on the device by pressing the on/off button. If the status indicator lights up green again, you can continue your treatment. If the status indicator continues to flash, contact the Philips skincare expert team.
The adapter becomes warm during charging.	This is normal.	No action required.
I hear the sound of a fan during treatment.	This is normal. The device needs a fan for cooling.	No action required. You can continue your treatment.
The battery indicator does not light up when I plug the adapter into the wall socket.	You have not inserted the small plug into the socket on the device properly or you have not inserted the adapter into the wall socket properly.	Make sure you insert the small plug into the socket on the device properly and you insert the adapter into the wall socket properly.
	The wall socket does not work.	Check by plugging another appliance into the same socket.
The battery indicator lights up red continuously, although I have charged the device.	You charged the device in a place where the temperature was too high or too low.	Do not charge the device in a hot room or close to a radiator or other heat source. Do not charge it in a too cold room either. The charging and usage temperature is between +10°C and +40°C.
When I charge the device, the status indicator flashes red and I hear an error sound.	You charge the device in a place where the temperature is too high.	Do not charge the device in a hot room or close to a radiator or other heat source. The charging and usage temperature is between +10°C and +40°C.
I have switched on the device but cannot select an intensity setting.	You have to reset the device.	To reset the device, switch it off and then on again. If you are still not able to select an intensity setting, call the Philips skincare expert team.

Problem	Possible cause	Solution
After I select an intensity setting, the intensity light continues to flash	You have to reset the device.	To reset the device, switch it off and then on again. If the intensity light continues to flash, call the Philips skincare expert team.
The treatment lights rarely go on during treatment.	You probably move the device either too fast or too slow.	If you hear no humming sound, you move the device too slow or too fast. Try moving the device faster or slower. If the treatment lights are on, you see the application tip light up solid red and you hear a humming sound, you are moving the device at the right speed and there is proper skin contact.
	The laser output window may be dirty.	Clean the laser output window (see chapter 'Using Philips RéAura').
	The contact pins of the application tip are not in full contact with the skin.	Exert gentle pressure to ensure full skin contact. If the contact pins are in full contact, the application tip lights up red. If the device is moved at the right speed, the treatment lights light up green.
	You failed to apply the laser performance gel to your skin.	It is essential that you apply the laser performance gel to ensure proper skin contact and easy gliding across the skin.
I do not feel the laser beam on my skin during treatment.	The application tip is not in full contact with the skin.	Exert gentle pressure to ensure full skin contact. If the contact pins are in full contact, the treatment lights light up green and the application tip lights up red.
	You move the device too fast or too slow.	If you hear no humming sound, you move the device either too fast or too slow. Try moving it faster or slower. If the treatment lights are on, you see the application tip light up red and you hear a humming sound, you are moving the device at the right speed and there is proper skin contact.
The device becomes warm during treatment.	This is normal.	No action required.



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